

Kristy Money, Ph.D.
Licensed Psychologist
Athens, GA 30606

Name: _____ Phone: _____ Date: _____

Reason for Coaching: _____

I appreciate the opportunity to work with you as your coach and am looking forward to our journey together. I'd like you to be familiar with the following policies and procedures. If you have any questions, please ask.

FEE: The fee for coaching is \$95.00 per 50 minute hour (\$135 / 50 minutes for weekend and evening sessions). Couples sessions are usually 80 or 100 minutes in length (and pro-rated accordingly). Payment is expected at the time of service. If we are doing Skype or phone coaching, please send a check or make a payment using Paypal or Popmoney the day of our session.

PURPOSE: The purpose of our time together is determined by the outcome you are seeking. We will look at what your goals are, what the impediments have been to those goals, and look in particular at beliefs and behaviors that hold you back, are ineffective or destructive. I will give you new ways of thinking about your challenges as well as new behaviors to employ.

Services: In order to understand and clarify the services and relationship, client and coach acknowledge and agree that:

A. Coaching is a relationship which is designed and defined by the client and which is based on the client's expressed interests, goals, and objectives.

B. The coach will use discussion, questions and requests to assist the client to identify personal and/or business goals, develop strategies and action plans intended to achieve the goals of the client.

C. Coaching is not therapy or counseling.

D. The client is responsible for his or her own achievements and success and the coach cannot and does not promise that the Client will take any specific action or attain specific goals.

CHANGES: If you are unable to make an appointment and do not give at least 24-hour notice, you will be expected to pay for half of that session's cost.

PROBLEMS: If I say or do something that upsets you or doesn't feel right, please bring it up in our session. If you are not satisfied with how coaching is going, please discuss it with me and we will collaborate to make necessary adjustments.

CONFIDENTIALITY: The coach may obtain confidential personal and/or business information from the client and agrees to keep and maintain such information confidential and not to disclose or use such information without client's prior written consent. Generally speaking, information provided by and to a client during sessions is confidential. You should be aware that legal confidentiality does not apply in a criminal or delinquency proceeding. There are other expectations to confidentiality, such as intent to physically harm oneself or another human being, suspected child abuse, a court order, and some issues related to HIV/AIDS.

LIABILITY: The client understands the sessions are consultative in nature and that any actions and decisions made by the client are solely the responsibility of the client. The coach shall in no way be held liable or responsible for any actions taken or not taken by the client. The coach makes no guarantees or warranties, expressed or implied, about any results to be achieved. This agreement shall be construed under the laws of the state of Illinois.

Waiver. The client acknowledges and agrees that in the course of the services the coach may ask the client questions that may be personal, challenging or disturbing. The client waives and releases any claims arising or resulting from these kinds of questions, actions or services.

If you have any questions or would like additional information, please feel free to ask.

I have read the Policy Statement and understand my rights and responsibilities as a client. I have had an opportunity to ask any questions I might have.

Client _____ Date: _____

Coach: _____ Date: _____